



**Youth & Families For Christ**  
*What Starts Here Changes Your Life...*

## **FREE** Afterschool & Evening Programs at YFFC



**MONDAY NITE CLUB**  
**ALL STUDENTS 9-12<sup>TH</sup> GRADE**  
4:45-5:45 Cooking Class  
5:45-7 Food, Games, Topic  
7-7:30 Small Groups



**TUESDAYS: STUDENTS 7-12<sup>TH</sup> GRADE**  
4-5:00 Stress & Anger Management Class  
5-6:00 GAPS/Foundations



**WEDNESDAY AFTERNOON CLUB**  
**ALL STUDENTS 5-8<sup>TH</sup> GRADE**  
2:45-3:35 Club  
\* Busses pick up at CMS & return back  
for activities/sports at 3:35  
4-4:45 Small Groups



**ANCHORED**  
**RECENTLY GRADUATED 18-25 YEAR OLDS**  
7-8:00 for a Life Group



**THURSDAYS:**  
**ALL STUDENTS 5-8<sup>TH</sup> GRADE**  
4-5:00 Taste & See Cooking  
5-6:15 More Than Conquerors  
Girls & Boys Exercise



2809 13<sup>th</sup> St. Columbus, NE (Downtown)

Call Us @ 402-564-3700 & Visit Our Facebook Page

